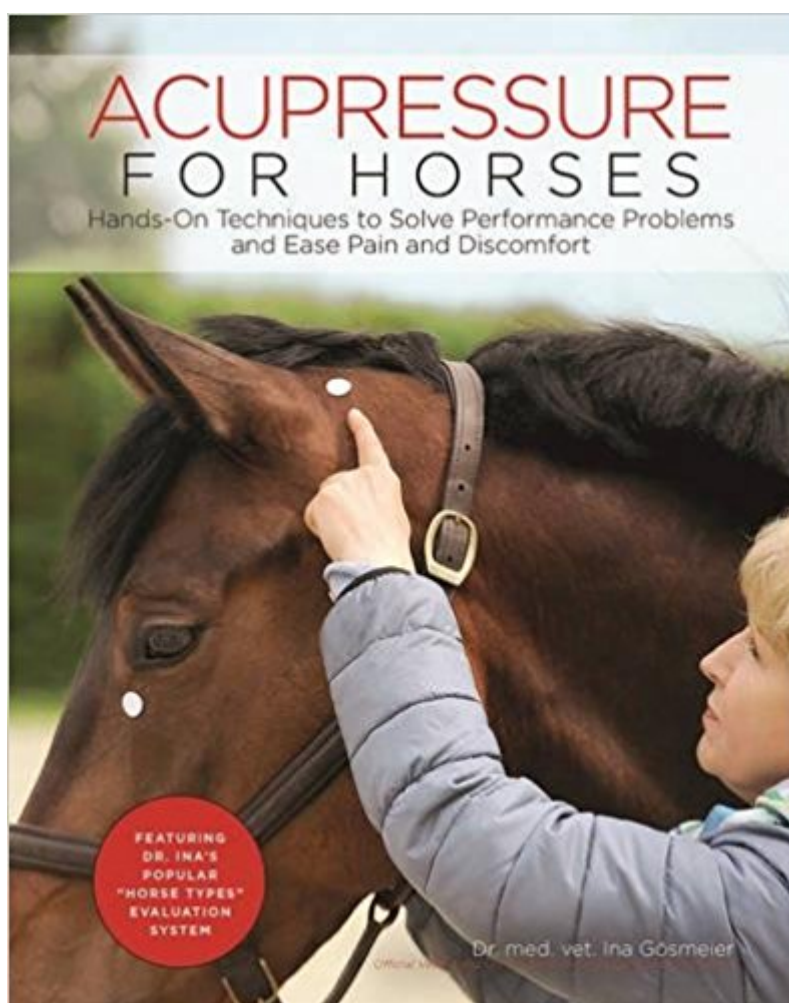


The book was found

Acupressure For Horses: Hands-On Techniques To Solve Performance Problems And Ease Pain And Discomfort



Synopsis

Now you can help your horse with simple acupressure techniques! Learn to identify your horse's individual body constitution type, which determines your choice of acupressure treatment; understand the 12 main channels of energy in your horse's body, and gain the ability to choose the correct points to treat specific issues. Relieve mild sources of pain and discomfort in your horse's body, influence his mental health and stability, and select appropriate treatment from a comprehensive list of common problems and their solutions, with step-by-step instructions and full-color photographs to help you help your horse.

Book Information

Spiral-bound: 160 pages

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Product Dimensions: 7.5 x 0.9 x 9.5 inches

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Average Customer Review: 4.7 out of 5 stars 5 customer reviews

Best Sellers Rank: #84,022 in Books (See Top 100 in Books) #10 in Books > Travel >

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Equine Medicine #19 in Books > Travel > Europe > Finland

Customer Reviews

One of the key players on Olympian Ingrid Klimke's team is the veterinarian Dr. Ina Gösmeier, who specializes in such methodologies as acupuncture and traditional Chinese medicine (TCM). In *Acupressure for Horses*, Gösmeier shows horse owners how to use acupressure, the non-needling form of stimulating acupuncture points, to help relieve their animals' minor aches and pains and stimulate their well-being. Beginning with explanations of the concepts of TCM and a guide to determining your horse's dominant element according to TCM principles, Gösmeier provides a step-by-step guide to this noninvasive way of helping horses feel and perform better. Ample clear color photos show the meridians, acupressure points, and techniques. *USDF Connection*, July/August 2017 A simplified, do-it-yourself handbook, *ACUPRESSURE FOR HORSES* is perfect for the hands-on equestrian who is looking to do the best for his or her horse. *Equine Journal* (Equine Journal) It's fascinating stuff--and if

Ingrid Klimke (who wrote the foreword) and the German team get results with Traditional Chinese Medicine, then I think I'll be giving it a try with my horse. •USDF Connection (USDF Connection) "I have come to know and value Dr. Ina GÃfÃsmeier | she possesses the very rare gift of being able to consolidate the diverse and complicated facts of medical cases into explanations that the layperson can easily follow. •Ingrid Klimke, Olympic Equestrian Gold Medalist

Dr. Ina GÃfÃsmeier studied veterinary medicine at the University of Giessen in Germany, after which she obtained specialized certification in acupuncture, undertaking additional studies in Chinese herbology at universities in China and Switzerland. Since 2002, she has been responsible for the horses on the German national teams at championship events and in international competition, where her job is to maintain the health, well-being, and performance of the horses, using naturopathic methods.

Learning more about this technique.

Very good book, lots of info clarifying that there is more to acupuncture/pressure than you think there is! Scientifically proven to work, this is a good starter book, well explained.

very interesting book but give yourself time to explore. I did use it to help with a colic using a laser on acupressure point and it seemed to help. there is a lot to learn on this subject and this book is a good start. It is also well made and fairly sturdy which should help if you want to use it in the field

Learning so much!

Excellent

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The No-Cry Nap Solution: Guaranteed Gentle Ways to Solve All Your Naptime Problems: Guaranteed, Gentle Ways to Solve All Your Naptime Problems (Family & Relationships)
Acupressure: The Ultimate Beginners Guide To Acupressure For Health & Healing (Self Massage, Tennis Ball Massage, Pressure Points, Trigger Point Massage)
Back Stretching: Back Strengthening And Stretching Exercises For Everyone (lower back pain, healing back pain,

stretching exercises, back pain treatment, ... pain relief, stretching, back pain Book 1) 10 KEYS TO UNLOCKING HAND PAIN: Increase blood flow to ease pain & regain your strength, power & flexibility in 5 minutes a day (10 Keys to Unlocking Pain Book 2) Knee Pain: Treatment for beginners - 2nd EDITION UPDATED & EXPANDED - Knee Pain Relief, Cure and Exercises to overcome your knee problems (Knee Problems - Knee Pain Cure - Knee Hurt Book 1) Menstrual Cramps Self Help Book: Effective Solutions for Pain and Discomfort Due to Menstrual Cramps and PMS Trigger Points: Understanding Myofascial Pain and Discomfort Dr. Susan M. Lark's The Menstrual Cramps Self Help Book: Effective Solutions for Pain & Discomfort Due to Menstrual Cramps & PMS Hip Flexor Pain: The Ultimate Guide to Fix Tight Hip Flexors and Cure Tight Hips Life! (hip flexors, hip pain, hip flexor stretches, hip flexor, hip pain relief, hip joint pain, hips) Living Beyond Your Pain: Using Acceptance and Commitment Therapy to Ease Chronic Pain Combat Headaches: A chiropractor's advice for those who suffer from migraines, jaw pain, sinus pain and/or tension headaches (Combat Dis-Ease) (Volume 2) Foot Pain: Ingrown Toenail: How To Become Stress Free And Easily Cure This Nasty Nail Disease Today From The Comfort Of Your Own Home (Foot Pain, Foot Problems, Foot Pain Relief, Foot Reflexology) Japanese with Ease, Volume 1 (Assimil with Ease) (v. 1) Prostate Problems Home Remedies, How To Fight Prostate Problems At Home, Get Rid Of Prostate Problems Fast!: Back On Track - Fighting Prostate Problems At Home Acupressure Taping: The Practice of Acutaping for Chronic Pain and Injuries How to Solve Word Problems in Algebra, (Proven Techniques from an Expert) Get It Out! Eliminating the Cause of Diverticulitis, Kidney Stones, Bladder Infections, Prostate Enlargement, Menopausal Discomfort, Cervical Dysplasia, PMS, and More Scoliosis Prevention and Treatment: The Ultimate Guide to Health, Fitness, Dieting, Recovery and Growth: osteopathy, alternative medicine, yoga, contemporary ... Back Pain, Pain Relief, Pain Management,) MARIJUANA: Guide To Illness And Pain Management (Medical Marijuana, Pain Management, Cannabis, Epilepsy, Cancer Treatment, Chronic Pain)

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